

## Lessons for The First Week of Lent – 2025

**The Collect for the First Sunday in Lent:** O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy Godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. *Amen.*

**Collect for Lent:** Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, world without end. *Amen.*

### Morning Prayer

### Evening Prayer

#### **Monday, March 10**

Pss 50-52

1) Gen 42

2) Matt 26.1-30

Pss 53-55

1) Gen 43

2) Phil 1

#### **Tuesday, March 11**

Pss 56-58

1) Gen 44

2) Matt 26.31-56

Pss 59-61

1) Gen 45.1-15

2) Phil 2

#### **Wednesday, March 12: Ember Day**

Pss 62-64

1) Gen 45.16-46.7

2) Matt 26.57 end

Pss 65-67

1) Gen 46.26-47.12

2) Phil 3

#### **Thursday, March 13**

Ps 68

1) Gen 47.13-31

2) Matt 27.1-26

Pss 69-70

1) Gen 48

2) Phil 4

#### **Friday, March 14: Ember Day**

Pss 71-72

1) Gen 49.1-32

2) Matt 27.27-56

Pss 73-74

1) Gen 49.33-50 end

2) Col 1.1-20

#### **Saturday, March 15: Ember Day**

Pss 75-77

1) Ex 1.1-14, 22-2.10

2) Matt 27.57-28 end

Ps 78

1) Ex 2.11-22

2) Col 1.21-2.7

AN ABBREVIATED ORDER FOR  
**MORNING/EVENING PRAYER**  
*for private use*

*Preparing in Penitence*

- Confession (Morning, p. 6; Evening, 23)
- [omit Absolution, p. 7 – said by priest alone]
- Lord's Prayer (Morning, p. 7; Evening, 24)

*Proclaiming God's Praise*

- "O Lord, open thou our lips" etc. (Morning, pp 7-8; Eve, 25)
- Psalm(s) appointed, each ending with:  
    'Glory be to the Father, to the Son, and to the Holy Ghost;  
    As it was in the beginning, is now, and ever shall be, world  
    without end. Amen.'
- Old Testament Lesson
- New Testament Lesson
- Cantic: *Benedictus* in the Morning (p 14)  
    *Magnificat* in the Evening (p 26)

*Prayers for God's Grace*

- Apostles' Creed (Morning, p. 15; Evening, 29)
- Versicles & Responses (Morn., 16; Eve, 30-31)
- 1<sup>st</sup> Collect  
    - of the Week, on reverse of this page  
    - or of the Day  
    2<sup>nd</sup> and 3<sup>rd</sup> Collects (Morning, p 17; Evening, 31)
- Other Prayers as desired (p 18-20, or 32-33)
- End with: "The grace of our Lord Jesus Christ, and the love  
    of God, and the fellowship of the Holy Ghost, be with us all  
    evermore." (Morning, p 20; Evening, 34)

**The Psalms:** The 150 Psalms in the Prayer Book are divided into portions to be said morning and evening over the course of 30 days (with the 30<sup>th</sup> day repeated on months with 31 days).

**The Lessons:** There are two cycles of lessons in the Prayer Book – those for *daily* Morning and Evening Prayer (printed here), and a second and complementary cycle of those for the Eucharist (or other principal services) on Sundays and other holy days, which are based on the epistles and gospels printed in the Prayer book.

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