

The Week Lent 1 - 2021

The Collect for the first Sunday in Lent: O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy Godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

Collect for Lent: Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, world without end. *Amen.*

Collect for Saint Matthias the Apostle: Prayer Book, pages 233-234

Morning Prayer

Monday, February 22

Ps 107

- 1) Gen 42
- 2) Matt 26.1-30

Evening Prayer

Pss 108-109

- 1) Gen 43
- 2) Phil 1

Tuesday, February 23

Pss 110-113

- 1) Gen 44
- 2) Matt 26.31-56

EVE OF ST. MATTHIAS

Pss 15, 16

- 1) Is 22.15-22
- 2) John 15:1-16

Wednesday, February 24: EMBER DAY & ST. MATTHIAS THE APOSTLE

Pss 34, 61, 64

- 1) 1 Sam 2.27-35
- 2) Matt 7.15-27

Pss 99 and/or 139

- 1) 1 Sam 16.1-13
- 2) Acts 20.17-35

Thursday, February 25

Ps 119 Pts 5-9

- 1) Gen 47.13-31
- 2) Matt 27.1-26

Ps 119 Pts 10-13

- 1) Gen 48
- 2) Phil 4

Friday, February 26: EMBER DAY

Ps 119 Pts 14-18

- 1) Gen 49.1-32
- 2) Matt 27.27-56

Ps 119 Pts 19-22

- 1) Gen 49.33-50.26
- 2) Col 1.1-20

Saturday, February 27: EMBER DAY

Pss 120-125

- 1) Ex 1.1-14, 22-2.10
- 2) Matt 27.57-28.20

Pss 126-131

- 1) Ex 2.11-22
- 2) Col 1.21-2.7

AN ABBREVIATED ORDER FOR
MORNING/EVENING PRAYER
for private use

Preparing in Penitence

- Confession (Morning, p. 6; Evening, 23)
- [omit Absolution, p. 7 – said by priest alone]
- Lord’s Prayer (Morning, p. 7; Evening, 24)

Proclaiming God’s Praise

- “O Lord, open thou our lips” etc. (Morning, pp 7-8; Eve, 25)
- Psalm(s) appointed, each ending with:

‘Glory be to the Father, to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.’

- Old Testament Lesson
- New Testament Lesson
- Canticle: *Benedictus* in the Morning (p 14)
Magnificat in the Evening (p 26)

Prayers for God’s Grace

- Apostles’ Creed (Morning, p. 15; Evening, 29)
- Versicles & Responses (Morn., 16; Eve, 30-31)
- 1st Collect
 - of the Week, on reverse of this page
 - or of the Day
- 2nd and 3rd Collects (Morning, p 17; Evening, 31)
- Other Prayers as desired (p 18-20, or 32-33)
- End with: “The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.” (Morning, p 20; Evening, 34)

The Psalms: The 150 Psalms in the Prayer Book are divided into portions to be said morning and evening over the course of 30 days (with the 30th day repeated on months with 31 days).

The Lessons: There are two cycles of lessons in the Prayer Book – those for *daily* Morning and Evening Prayer (printed here), and a second and complementary cycle of those for the Eucharist (or other principal services) on Sundays and other holy days, which are based on the epistles and gospels printed in the Prayer book.

These lessons, and the whole text of Morning and Evening Prayer, can be received daily on the smart phone/tablet app (iPhone or Android) iPrayBCP

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